Women who choose to join the Army aren’t superwomen – they are normal women looking for a challenge and an arena in which to try something different, something they’d never be able to experience in a 9 to 5 job.

There’s no such thing as a typical day in the Army, and there’s always the opportunity to balance work with normal civilian life – you’ll be working side by side with your mates, enjoying some of the most rewarding and satisfying experiences of your life, but will always have time for social activities with family and friends.

Once you’ve finished for the day, your time is your own. While you’re free to leave your unit, there’s always plenty happening on base, from sporting clubs to simply unwinding in the Mess with your mates.

The Army offers many opportunities to excel. This includes almost every type of sport you can imagine, from snowboarding to lawn bowls. It pretty much covers everyone,” Private McDougall said.

“I was interested in the Army as I saw it as a new experience, a challenge and an adventure.

“I joined the Army the April after I finished school from the Maroochydore Defence Force Recruiting Centre. I originally joined as a gap year which was by far the best year of my life,” Private McDougall said.

“I was interested in the Army as I saw it as a new experience, a challenge and an adventure.

“I was posted to 10FSB in Townsville which was a great experience, so when I was offered another three years I signed on and was re-posted to Brisbane.

“My job is mainly the dealing and distribution of stores to members of the unit who require it.

“The best part of the job would have to be the lifestyle. What other job do you get paid to train every day?

“Its a secure, locked in job and it can take you anywhere in Australia.”

Over the course of the year-long commitment, employees are paid to work their chosen role, after completing basic training – comprised of field craft, weapon handling, first aid and physical training.

Roles vary from medicine to hospitality to mission support, and all promise a year of adventure. Many of the roles have a civilian equivalent, making the transition into the Army that much easier for those with existing qualifications or prior experience.

While there are absolutely no strings attached – after the year’s service, there is no further commitment and you’re free to return to civilian life - the program serves as the perfect springboard to a military career, providing insight into what life in the Army actually involves and instilling the skills and values central to a successful Army career.

“Over the course of the year-long commitment, employees are paid to work their chosen role, after completing basic training – comprised of field craft, weapon handling, first aid and physical training.

Roles vary from medicine to hospitality to mission support, and all promise a year of adventure. Many of the roles have a civilian equivalent, making the transition into the Army that much easier for those with existing qualifications or prior experience.

While there are absolutely no strings attached – after the year’s service, there is no further commitment and you’re free to return to civilian life - the program serves as the perfect springboard to a military career, providing insight into what life in the Army actually involves and instilling the skills and values central to a successful Army career.”

For more information about the Army and the one-year roles currently available, visit www.defencejobs.gov.au/army

If a one year role sounds like something you might be interested in, applying is simple.
Visit defencejobs.gov.au/army/oneyearroles, and find the job that suits you and click ’Apply now’ or call 13 19 01

WOMEN IN ARMY

If a one year role sounds like something you might be interested in, applying is simple.
Visit defencejobs.gov.au/army/oneyearroles, and find the job that suits you and click ’Apply now’ or call 13 19 01

HERE’S YOUR FIRST BRIEFING.

From logistics, administration, trades and management to engineering, medicine and health, there is an abundance of roles for women in the Army. Hear from women already in the Australian Defence Force about what life is really like in the Army. Discover the benefits of an Army career, including information on education, training, leave and travel. To find out more about a career in the Army contact Defence Force Recruiting Maroochydore on 07 5459 8700 or visit defencejobs.gov.au/army

WOMEN IN ARMY

If a one year role sounds like something you might be interested in, applying is simple.
Visit defencejobs.gov.au/army/oneyearroles, and find the job that suits you and click ’Apply now’ or call 13 19 01

HERE’S YOUR FIRST BRIEFING.

From logistics, administration, trades and management to engineering, medicine and health, there is an abundance of roles for women in the Army. Hear from women already in the Australian Defence Force about what life is really like in the Army. Discover the benefits of an Army career, including information on education, training, leave and travel. To find out more about a career in the Army contact Defence Force Recruiting Maroochydore on 07 5459 8700 or visit defencejobs.gov.au/army

ARMY. CHALLENGE YOURSELF.