Dear Parents and Guardians,

Welcome to the first newsletter for 2017! I trust that the break was restful and filled with the wonderful family activities that holidays promise to bring and that all are ready for a full and rewarding 2017.

What a busy week we have had – our new year 7 students turned up on Monday 23 January all ready to begin their adventure of high school, it was wonderful to be able to welcome them into our great school. Monday also saw our year 11 and 12 students attend school and all were excited to either be starting their senior school journey or be in their last year of school. Tuesday saw everyone return and with close to 1100 students on the ground, we were well and truly back at school.

Just a few reminders from me – this year all students must have a digital device (BYOD). We cannot be teaching 21st Century Learners without 21st century tools. Whilst we appreciate that the cost of laptops can be prohibitive, we are not charging a Student Resource Scheme (SRS) fee to any student so that the money for SRS can go towards the device. If financial hardship is the case, please contact me via email on principal@caloundrashs.eq.edu.au and we will endeavour to assist you where we can. This is the third year that we have had BYOD in the school and seek your support to ensure that your child is equipped for learning.

With regards to the uniform, all students will now be wearing the Everyday (Formal) uniform, every day. We do allow one day for year 7 and 8 students to wear their sports uniform to enable other uniforms to be laundered. This day for Juniors is on their designated school sport day (Year 8 Wednesday and Year 7 Thursday). Senior students (Years 11 and 12) who have an alternate day on a Wednesday, will wear their formal uniform every day. Year 9 and 10 students wear the Everyday uniform every day.

To accommodate students changing into their sports uniform, we are very pleased to announce that we now have dedicated change room facilities for male and female students in the Student Centre. Over the Christmas vacation, the Student Centre was remodelled to create the space for the change rooms. These bright, carpeted and air conditioned spaces will enable our students to change uniform for their sport lesson and then change back into their Everyday uniform.

The start of a school year is an exciting time for our students and I encourage you as Parents to talk with your student and to organise some study/homework rules for home. All students have homework every day, even if it is just preparing for the next day and reading/looking over what was covered in that day. Good study habits started early will set your student up for a path of success which is what we want for all of our students.

Our school priorities this year have a huge focus on technology and the use of this technology to assist learning. We will explicitly teach our students (Year 7) the ICT skills they need for the future NAPLAN online (2019). For our Year 9 students, we will be teaching them the ICT skills they will need in order to complete assessment online with the new senior assessment and tertiary entrance (SATE) which is also starting in 2019. As well, we will be focusing on teaching our
students the skills and attributes that our employers are looking for – communication, collaboration, creativity, critical thinking, character and citizenship (6 C’s). We will also be continuing our focus on ‘Respectful Relationships’ with our school signing up to be a White Ribbon school. This will address those students in year 7 to 9 who are at risk of disengaging permanently with our school and we will be setting up a special class to assist them to reengage with school (FOCUS). To ensure that our school community is aware of the amazing things that we do here, we will be undertaking an extensive marketing and promotion campaign to recognise and celebrate our amazing achievements eg two of our students received an OP1!

Kate Morcom and Chris Leggett

We welcome all of our new students and families to our school and look forward to working with you in the partnership that is needed to educate your child. We know that this will be a fantastic year with great students and dedicated and caring staff. If you have any concerns or congratulations, please feel free to contact me on 5436844 or principal@caloundrashs.eq.edu.au Welcome again to Term 1, 2017!

Regards

Ms Julie Pozzoli
Principal

Diary Date Claimers

<table>
<thead>
<tr>
<th>JANUARY</th>
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<tbody>
<tr>
<td>31.01.17</td>
<td>SC Netball Competition trials (3.10-4.00pm) - see Mrs Anderson</td>
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<tr>
<th>February</th>
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<tr>
<td>01.02.17</td>
<td>SC Netball Competition trials (3.10-4.00pm) - see Mrs Anderson</td>
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<tr>
<td>02.02.17</td>
<td>Welcome Back Parade (Period 1)</td>
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<tr>
<td>03.02.17</td>
<td>School Photo Day (all day)</td>
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<td>Year 7 Vaccinations forms to be returned to the office</td>
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<tr>
<td>07.02.17</td>
<td>School Photo Catchup day (morning)</td>
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| 08.02.17         | Year 12 Chemistry – Acid Sulphate Soil Excursion |
|                 | Coastal District Sports Trials (Softball – 12 yr Boys) |

| 09.02.17         | Senior Investiture |
| 10.02.17         | Interhouse Swimming Carnival |
| 13.02.17         | P&C Meeting (A Block Conference Room @ 6.00pm) |
|                 | Year 12 Biology – Currimundi Lake Field Excursion |
| 13.02.17 – 15.02.17 | Year 7 Noosa Northshore Camp |

| 14.02.17         | Coast District Sports Trials (AFL – 12 Boys) |
|                 | Year 11 Marine Science – Underwater World Excursion |
| 15.02.17         | Coast District Sports Trials (Basketball & Hockey – 12 years) |
| 13.02.16         | Year 12 Currimundi Lake Biology Field Trip |
| 17.02.17         | 2018 Year 7 Scholarships, Horizons Academic Excellence and Sports Development Programs of Excellence applications open |
| 22.02.17         | Year 11 Biology – Australia Zoo Excursion |

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<th>MARCH</th>
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<tr>
<td>01.03.17</td>
<td>Year 7 2018 Scholarship Information Session (3 to 4pm)</td>
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<td>Year 9 QDU Debating Competition (Round 1) – Interested students to see Miss Williams in J Block (English)</td>
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<td>02.03.17</td>
<td>Years 5/6 STEM Challenge Day</td>
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<tr>
<td>23.03.17</td>
<td>Round 1 Year 7 HPV Immunisation</td>
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NEW STAFF

Please welcome our new staff for 2017, we are looking forward to working with you.

Back row, left to right – Ms Walker, Danielle Watkins, Brianna Page, Joe Markham, Craig Monaghan
Front left to right – Carly Glazer, Bronwyn Williams, Donna Williams

Carly Glazer – I will be teaching Science and Maths. I was previously teaching at Aldridge SHS in Maryborough for over 10 years. I am glad to move to the Sunshine Coast for greater opportunities and the diversity of places and things to do within the area.

Elly Jenkinson – Hi, my name is Elly Jenkinson and I am a fourth year teacher. I have been living on the Sunshine Coast for the past 8 years and love it here. It is my first year here at Caloundra High and I am settling in with the help of other teachers and the lovely students. I can’t wait to get to know the students better and to help in their educational careers.

Joe Markham – I’m Joe Markham and I’ve just joined the CSHS Maths and Science Teaching team. This is my 6th year of teaching and I have returned to the Sunshine Coast after working in Gatton, Mackay and the UK. My wife and I have moved back to the Coast to be closer to our friends and family and I’m very happy to be back surfing and playing soccer once again.

Craig Monaghan – My name is Craig Monaghan and I am the Rugby League Coordinator, I also teach HPE and Certificate III in Fitness. I have been teaching for 9 years and before Caloundra SHS I was teaching at Mackay SHS. I have a great passion for teaching HPE and coaching rugby league, so to be able to combine the 2 is the perfect job. I am so pleased to be given the opportunity to teach at Caloundra SHS and I can’t wait for my daughter (12 weeks old) to grow up on the Sunshine Coast within this great community.

Brianna Page – My name is Brianna Page, I am a Maths and Science teacher new to Caloundra SHS this year. I completed my country service up north in a mining town called Moranbah. I am returning to teaching this year, as my son is now in grade 1, after having a few years off with him. I am very happy to be teaching back on the Sunshine Coast and look forward to my new position at Caloundra.

Ms Walker – Hi I’m Ms Walker and I am an Experienced Senior teacher, with English as my speciality. I have taught in many schools over my career, and am very happy to now be part of the Caloundra High School Community.

Danielle Watkins - Hi everyone, my name is Danielle Watkins. I have been teaching now for 6 and a half years and I specialise in English, History and Geography. Before beginning my position at Caloundra State High School I taught in rural Queensland and abroad in the UK. I feel extremely lucky to have landed myself a job in such a great school and look forward to getting to know all the stuff, students and their families in the coming years.

Bronwyn Williams - This is my second year of teaching and I am really enjoying being at Caloundra SHS. My subject areas are Science and Maths.

Donna Williams - My name is Donna Williams and I am originally from Redcliffe, but left to teach in the Far North 13 years ago. My most recent school was Atherton State High where I worked in the Special Education Program. I returned to the South East to be closer to my family and was very happy to receive a permanent position teaching in the Lighthouse. I am also a dog trainer and have travelled the country competing in dog agility, tracking and obedience trials.

Paul Murray (Chaplain) - Hi, my name is Paul Murray and I’m the new chaplain at Caloundra SHS. I live in Nambour and am happily married and a father to three children.

Over the past few weeks I’ve had many people remind me that I have quite big shoes to fill... but I have no intentions of filling them, because they are not my shoes. What I do hope, is to build upon something that my good friend Stu White has developed and nurtured over the last 10 years. My journey towards chaplaincy started 7 years ago when I attended my first Scripture Union QLD camp as a leader, meeting lots of other chaplains and getting to know many kids along the way. Seven years and fifteen camps later, I decided to take the plunge, get my qualifications and join the SU Chaplaincy team.

For the past 5 years I have been working as a Teacher Assistant in Secondary Performing Arts (Drama, Dance, Music, FTV & VET Music) in a local private college.

I look forward to meeting and getting to know staff, students and parents over the coming months and continue the emotional, social and spiritual support to the Caloundra State High School community.

SCHOOL PHOTOS

School photos will be taken on Friday February 3 with a catch up day scheduled for the morning of Tuesday February 7.

It is mandatory for all students to wear the Everyday uniform including tie for their school photos.
Envelopes have been distributed to students. If you have not received one, spares are available from the office. Envelopes are to be returned directly to the school photographers on the day of the photos. Please ensure your child is dressed in the correct uniform in line with the School’s Dress Code requirements.

UNIFORM UPDATE

In 2017, Years 7 and 8 students are required to wear the Everyday (formal) uniform every day except for one day a week (sport days) ie Year 7 Thursday and Year 8 Wednesday. Years 9, 10, 11 and 12 students are required to wear the Everyday (formal) uniform every day. Students are expected to change into the Sports uniform at the start of their practical HPE lessons and change back into the Everyday uniform at the end of the lesson using the change rooms located in the Student Centre.

All students when wearing the Everyday uniform on parade days must wear their school tie. Parade days are:
- Year 7/8 Monday
- Year 9 Tuesday
- Year 10 Wednesday
- Year 11 Thursday
- Year 12 Friday

Please note that as part of the School Dress Code Policy, SHOES must be full BLACK upper and BLACK sole trim with matching black laces in jogger style only (NO boots). SOCKS must be plain white ankle socks. We ask parents/caregivers to assist us with maintaining and improving our school image.

Below are examples of correct and incorrect footwear.

CORRECT FOOTWEAR

INCORRECT FOOTWEAR

ICT UPDATE

As students are preparing for the start of the school year, we will be connecting them to the school network. Year 7 and 8 will be done during class time, students in Years 9-12 who have already connected to the BYO network on their device can still connect. Please encourage your student if they have any concerns in regard to connecting their device to report to C05 first break for tech support.

More information including the Frequently Asked Questions can be found on the Computer and Internet page of the Schools website.

https://caloundrashs.eq.edu.au/Extracurricular/Computerandinternet/Pages/byo-faq.aspx

https://caloundrashs.eq.edu.au/Extracurricular/Computerandinternet/Pages/Computerandinternet.aspx

Remember that students enrolled in Department of Education and Training schools are able to download Microsoft Office for free. Further information on these schemes is available through the Learning Place in the student section (Middle or Senior links). Students will need to log in with their current school username and password.


Should your require more information, please contact Virginia Schaschke, Head of Department – Technology on technology@caloundrashs.eq.edu.au

TEACHING AND LEARNING

In 2017, our educators will be using innovative technologies to continue to improve their teaching and to share best practice with colleagues to maximise student outcomes.

Teachers will be using a device called ‘SWIVL’ to record their teaching. Using a motion sensor, the device tracks the teacher around the room and records the lesson. This then allows him/her to reflect directly on the lesson to note what worked well, and how to improve.

We have also launched our ‘Digital Jedi’ to advance our STEM agenda. Teachers from each faculty have harnessed the force to research, trial and implement innovative teaching strategies using digital technology. This also aligns with our whole school pedagogy: the Art and Science of Teaching (ASOT).

We are striving to have engaged, 21st Century and futures orientated learners at Caloundra SHS, and our staff are leading the way!

LEARNING SUPPORT

Our Learning Support team in 2017 is:

We would like to welcome Ms Walker who is an experienced Learning Support teacher; we are excited to have her on the team!

After the success of our ICP classes in 2016, we have expanded these to include Maths, Science and English in Year 9. This ensures our students with significant learning support
needs are provided with individualised assistance in smaller classes to achieve success at Caloundra High.

Our seniors also have the opportunity to get extra help on Tuesday mornings before form class. Mrs Moore will be running this session to assist Year 11 and 12 students. Ask your son/daughter to listen carefully to the student notices for more details.

If you have any questions, please contact Jen Williams, HoD Teaching and Learning: teaching-learning@caloundrashs.eq.edu.au

NO AEROSOL CANS

To provide as safe an environment for all students we all need to respect the needs of all students. Please purchase roll on deodorant for your children as spray deodorant is banned on school grounds.

With over 10 percent of the population being afflicted with asthma, we ask that you discuss the need for you children to respect the health of others and make the small sacrifice to change to a roll on deodorant. Deodorant sprays have been linked to the triggering of asthma attacks.

JUNIOR SECONDARY NEWS

Welcome to the start of 2017. Your Junior Secondary team is as follows:

YEAR 7 IMMUNISATION

Ozcare is providing free vaccinations for all Year 7 students on March 23 (Round 1), June 16 (Round 2) and November 3 (Round 3), as part of Queensland Health’s annual School Immunisation Program. All Year 7 students are being offered free vaccinations as recommended on the National Immunisation Program to protect against human papillomavirus (HPV) and diphtheria, tetanus, pertussis (whooping cough).

The vaccinations will be conducted by a team of authorised registered nurses.

A consent pack has been given to Year 7 students to take home. Please read the information booklet carefully, sign the consent card and return the consent card to the school by Friday February 3.

For more information about diseases, vaccines or School Immunisation Program, visit the following link or call 13 HEALTH (13 43 25 84).


YEAR 7 NEWS

Welcome to the new Year 7 students for 2017. The first week has gone very well with students looking well presented in their uniforms and organised with most of their equipment. We will be encouraging students to continue this high standard throughout the year.

They will meet for Parades on Monday morning in the Student Centre, Wednesday and Friday mornings will be held in P Block. Students will be given Student Notices and reminders about school policy at these parades. Please ensure students are punctual and prepared.

I am looking forward to a great year with Year 7.

Ngaire Paszek
Year 7 Coordinator

YEAR 8 NEWS

Welcome back to all our Year 8s! It was wonderful seeing all their familiar faces again on the first day as well as some new ones! This year keep a look out again in your inbox for ‘CSHS Year 8 News’, with regular updates from the Year 8 Coordinator.

Sue Adams-Smith
Year 8 Coordinator

MIDDLE SECONDARY NEWS

Welcome to the 2017 school year. We have had a great start this week and it has been very pleasing to see our students already focused on the business of learning. Middle Secondary School program provides students with new learning opportunities, greater resources to support their learning and to better prepare them for Senior Secondary and life in the 21st Century.

Leading Middle Secondary School this year are the following staff:

Should you wish to contact these staff members, you may email them at the below email addresses:

- Gary Hay: Middle Secondary School Deputy Principal (ghay11@eq.edu.au)
- Darren Cripps: Middle Secondary School Head of Department (djcri0@eq.edu.au)
• **Murray Finch**: Year 10 Coordinator (mfinch9@eq.edu.au)  
• **Samantha Bernie**: Year 9 Coordinator (sdavo0@eq.edu.au)

All Year 9 and 10 Home Groups at Caloundra State High School have a Line Manager who has responsibility for the daily task of monitoring individual student attendance, dealing with student referrals from a teacher, visiting classrooms, following up unexplained absences and speaking to students out of uniform. In addition to these roles a line manager will also assist your child with any emotional or personal problem or concern they may be having by directing them to the appropriate support person. The Line Manager is also responsible for contacting parents regarding student behaviour.

The Line Managers are as follows:

<table>
<thead>
<tr>
<th>Home Group</th>
<th>Line Manager</th>
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<th>Line Manager</th>
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<tbody>
<tr>
<td>9A</td>
<td>Samantha Bernie</td>
<td>10A</td>
<td>Murray Finch</td>
</tr>
<tr>
<td>9B</td>
<td>Samantha Bernie</td>
<td>10B</td>
<td>Murray Finch</td>
</tr>
<tr>
<td>9C</td>
<td>Gary Hay</td>
<td>10C</td>
<td>Darren Cripps</td>
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<tr>
<td>9D</td>
<td>Darren Cripps</td>
<td>10D</td>
<td>Gary Hay</td>
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<tr>
<td>9E</td>
<td>Darren Cripps</td>
<td>10E</td>
<td>Murray Finch</td>
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<tr>
<td>9F</td>
<td>Gary Hay</td>
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Caloundra State High School has three core expectations, “Respectful, Responsible and Prepared”. These three expectations are embedded into many of the conversations that are had with students in class, at parade and when speaking with them individually.

If you have any questions or would like discuss your child’s progress, please feel free to contact the school on 5436 8444. We are looking forward to a successful and rewarding year.

**Mr Darren Cripps**  
Middle Secondary Head of Department

**STEM GIRL POWER CAMP**

Congratulations to **Emily M.** who has been accepted into the STEM Girl Power Camp to be held from 21-25 March 2017 in Brisbane.

Emily will join other Year 10 girls from around Queensland to experience to World Science Festival, meet STEM role models, undertake STEM activities and visit STEM researchers.

Well done Emily.

**YEAR 10 WORK EDUCATION PROGRAM**

The Year 10 Work Education program is an opportunity for students to gain an insight into employment. Students can sample a wide range of industries, with many local employers keen to provide an opportunity for our students.

**Work Experience** placement this year will be 11 to 15 September.

Some placements need to be secured very quickly otherwise students will miss out. A good example of this is Mooloolaba Sealife. Many schools compete for placements in the same week, so students miss out on this opportunity.

In previous years, many students have secured School-based Traineeships or casual work from their work experience placement. No matter the outcome, students and employers find this program very rewarding and enjoyable.

**Mrs Raynor Grevell**  
Vocational Education Officer

**SENIOR SECONDARY NEWS**

Welcome back to Caloundra SHS for 2017. Our goal for 2017 is to guarantee a pathway when students leave Year 12 in either employment or further education and training and to ensure every student in year 12 exits with a QCE and the highest OP possible if they are eligible for an OP. The senior secondary team will be communicating with you throughout the year to keep parents in touch with school events that are relevant to senior students.

**KEY SENIOR SECONDARY STAFF**

**UNIFORM**

Year 11 and 12 students are to wear the formal Everyday uniform every day. If students are studying HPE classes they are required to change into the Sports uniform at the start of a practical lesson and back into the Everyday uniform at the end of the lesson.

**SHOES** - please note that shoes MUST be black only and not have any coloured trim including white. High-top shoes/boots are not permitted. See example photos under “Whole School News”.

[Image of staff members]
The Senior Secondary team look forward to working with the senior cohort of students to ensure every student has a very successful and enjoyable year.

Ms Denise Miller  
Deputy Principal – Senior Secondary

**VOCATIONAL EDUCATION NEWS**

Students can access assistance by visiting J07 at school, phoning (07) 5436 8473, or emailing rgrev6@eq.edu.au for information. Services include assistance with developing resumes, interview skills, and information on courses, School-based Traineeships/Apprenticeships, and the Sunshine Coast Technical Trade Training Centre.

**SCHOOL-BASED APPRENTICESHIPS AND TRAINEESHIPS**

Students starting Year 11 should consider a School-based Traineeship or Apprenticeship. This is a wonderful opportunity to earn credits towards their Queensland Certificate of Education, develop work skills on the job and gain a nationally recognised qualification.

To secure a School-based Apprenticeship or Traineeship, the student needs an employer. Vacancies are advertised through school Notices. Students can receive assistance to apply for these vacancies through the Vocational Education Services – visit room J07 at school.

Students can also secure a School-based Apprenticeship or Traineeship by converting their casual job (discuss the School-based Apprenticeship or Traineeship opportunity with their employer) or canvassing local businesses the student has identified as an area of interest (some specialist areas never advertise as they are contacted directly by people who want to work for them).

Should you require further information, please contact **Mrs Raynor Grevell, Vocational Education Officer** on (07) 5436 8473.

**SUNSHINE COAST TECHNICAL TRADE TRAINING CENTRE**

The Sunshine Coast Technical Trade Training Centre also has a few vacancies. These courses are able to be completed in one year, and the fees are reduced as Caloundra SHS is a Partner School.

If your Year 11 or 12 student is interested in this opportunity please contact the SCTTTC on (07) 5438 1037! As you can imagine, vacancies are snapped up very quickly.

**SPORTING NEWS**

**JUNIOR INTERSCHOOL SPORT**

Interschool sport begins immediately with Year 7 students in Term 1 and again in Term 3. Year 8 students commence in Term 2 and 4. A letter will be sent home in the next few days.

Try-outs for Year 7 Interschool Sport will be held during Thursdays Period 4 lesson on February 2 and February 9.

A user pays fee of $22.00 will be charged to all Year 7 students. This charge is to cover costs for bus, registration and the use of the team uniform.

**INTERHOUSE SPORTING TEAMS**

The school’s Sport House teams are below. Students are allowed to wear their house colours at Caloundra Highs Swimming Carnival (Friday 10 February) and Athletics Day (Thursday 22 June and Friday 23 June).
YEARS 7 – 12 NETBALL PLAYERS

Students who would like to participate in the **Sunshine Coast Secondary Schools Netball Competition** are invited to attend trials at the schools netball courts from **3.10pm to 4.00pm** on:

- **Tuesday January 31**
- **Wednesday February 1**

Games will commence on Monday 13 February at Fisherman Road courts Maroochydore. Junior games start at 4.15pm, last games start at 7.30pm.

Please see Mrs Anderson in D6 if you have any questions or email hande25@eq.edu.au

**SPORT TRIALS**

Coastal District Sports Trial Day 1

<table>
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<th>Sport</th>
<th>Age</th>
<th>Trial Day</th>
<th>School</th>
<th>Town</th>
<th>Dist.</th>
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<tr>
<td>Football</td>
<td>13-15</td>
<td>3-4 Jan</td>
<td>Westley</td>
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Regional Sports Trial Day 1

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<td>AFL</td>
<td>15-17</td>
<td>3-4 Jan</td>
<td>Westley</td>
<td>Sunshine</td>
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<td>Netball</td>
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<td>Rugby</td>
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<td>Westley</td>
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**WHAT’S COMING UP NEXT**

Training begins Week 3

**CENTRAL ZONE TRIALS**

**Wednesday February 8** – 15 to 19 years boys and girls.

**TRISH BUCKLEY COMPETITION**

The first tournament of the year will be the Trish Buckley competition held at the Caloundra Indoor Stadium. Seniors is in March and Juniors is in April and May.

**2017 VOLLEYBALL TOURNAMENTS**

A Volleyball Programs of Excellence calendar highlighting tournaments/trials and additional commitments for 2017 is available for download. Further information regarding these events will follow in future newsletters.

For Further information in regards to Volleyball, please contact Lauren Schwieso, Volleyball coordinator by email on lschw15@eq.edu.au or calling 5436 8444.

**HOCKEY EXTRAORDINAIRE**

Congratulations to Kee-A H. who represented Sunshine Coast as a Goalie in the Under 13s Hockey at Hervey Bay. Kee-A also played in the Under 15s Division 2 State Hockey team competing in Gympie coming in at **Second place**. She will also be competing in the Under 13s State Indoor Hockey in Maryborough.

Kee-A was rewarded Player of the final for J2’s and Junior Goalie of the year for Maroochydore Hockey Club 2016!

**VOLLEYBALL INFORMATION**

**2016 AUSTRALIAN SCHOOLS VOLLEYBALL CUP**

Two teams competed in the Australian Schools Volleyball Cup in Melbourne in the last week of school last year. The teams consisted of an Open girls’ team and a Senior boys team.

Both teams were highly competitive playing good quality volleyball all week. The girls finished **11th** and the boys finished **5th**. Students and staff were exhausted by the end of the week but everyone had a fantastic time both on and off the court. We did manage to fit in a little bit of sightseeing and shopping in between games. We hope to take more teams this year – information regarding the 2017 Australian Schools Volleyball Cup for students in Years 8 – 11 only will be available soon.

**MESSAGE STICK**

The **Message Stick** is where you can read about all the latest news of our Indigenous students and events happening in the school.
We hope to keep you informed of our students’ success and achievements either in the classroom, on the sports field or within the Community. So, if you have any news to share, please email Tia Paehua (Indigenous Teacher Aide) know via email on tpaeh5@eq.edu.au so the school can acknowledge you and help celebrate their success.

Mrs Tia Paehua
Indigenous Teacher Aide

INDIGENOUS SCHOOLGIRLS NETBALL

Congratulations to Lily C. who played in the Under 16 Queensland Murri Team at the Australian Indigenous Schoolgirls Netball Championships over the school holiday break in Sydney. The team played extremely well and made it to the Grand Final coming away with silver after being beaten by NSW.

Lily has also been selected into the Australian Indigenous Under 15s team and will compete in April/June at the Gold Coast with further selection available to play at the Pacific School Games in Adelaide in December.

Great work Lily.

INTERNATIONAL STUDENTS

STAND UP PADDLE BOARDING & KAYAKING DAY

On Sunday, 22 January the International Student office had their first gathering for the semester with our new international students participating in a “Stand Up Paddle Boarding and Kayaking” activity at Lake Currimundi.

This was a great opportunity for the three international students that were with us over the holiday weeks to meet our 19 new international students who have arrived to start school with us this term.

It was wonderful to see new friendships being made within our international family (both international students, host siblings and host families) and we hope to keep in touch with our student’s families regularly throughout this semester with photos and more updates on events that take place.

Ms Helen Wormald
International Student Homestay Coordinator

P&C NEWS

On behalf of the P&C Association I welcome new and returning parents and students to the Caloundra State High School community for the first term of the 2017 school year.

MEETING DATES FOR 2017

The following dates have been secured for P&C meetings this year:

- 13 February, 13 March (AGM), 8 May, 12 June, 14 August, 11 September, 9 October, 13 November and 4 December.
- Meetings are held at 6.00pm in A Block Conference Room, Administration Building, Queen Street

All parents and caregivers are most welcome to attend our meetings and to become members. At the meetings, you will gain an understanding of how the P&C is working with the school to create a better environment for your student.

2017 ANNUAL GENERAL MEETING

The AGM for Caloundra SHS P&C Association will be held 6.00pm on Monday 13 March, followed by the General Meeting. The meetings will be held in the Conference Room, Administration Block, Caloundra SHS, Queen Street, Caloundra.

An AGM is required so that the P&C Association can elect an Executive Committee, Sub-Committees can be formed, and activities from the previous year can be reported to the members and interested community representatives. Our committee is very strong with many hands making light work. If you are interested in becoming a member, or even an Executive Member, please attend the meeting or contact the P&C Association on pandc@caloundrashs.eq.edu.au to nominate before the meeting.

The AGM is the only meeting at which person can become a member without attending a meeting. If you are unable to attend and would like to continue being a member, please contact the Association on pandc@caloundrashs.eq.edu.au for an application form.

SCHOOL CANTEEN

Canteen staff welcomes parents who wish to volunteer in the canteen. With the support of volunteers, staff are able to serve the great selection of food and drinks to all students, at both breaks, with little delay. If you would like to assist as a volunteer, even just for a couple of hours, please contact Liz at the canteen on 5491 3498.

For parents whose students are gluten intolerant, the canteen is able to provide gluten free food items. If you are interested please contact the canteen on 5491 3498 so that special items can be ordered.

The Canteen Menu is available from the school website at: https://caloundrashs.eq.edu.au/Supportandresources/Formsanddocuments/Documents/P%20and%20C/canteen-menu.pdf

Mrs Lesley Porter
P&C President
Email: pandc@caloundrashs.eq.edu.au
RESPECTFUL RELATIONSHIPS - WHAT DO YOU NEED TO TEACH YOUR CHILDREN?

By Vanessa Hamilton

Mid-late Primary and early Secondary age is a critical time for our children’s development and learning skills around friendships, partnerships and relationships. The popular culture and online world they are immersed in is providing them with inaccurate and adverse messages and images about what respectful human relationships look like.

Media, advertising, fashion, music, and popular culture are infiltrated with pornography concepts and gender inequality. Themes of power over another person, sexualisation of young women and men, aggression, violence and force in intimate encounters is so mainstream now it is seen as legitimate amongst many males, as well as females, in our society. Young impressionable people soak up this popular culture, and many have 24-hour access to it. Unfortunately this exposure coincides with their approach to and journey through puberty.

Parents/carers and teachers may feel powerless against these prominent influences, when in fact, there is a lot we can do to facilitate a culture of respectful relationships for our young people. We need to provide them with alternative versions of relationships and sexuality.

Tips for parents:

- Model respectful relationships to one another as well as good communication
- Promote consent; explain that pressuring someone into something they are not into is not ‘sexy’, intimate encounters should always involve shared enthusiasm & motivation.
- Explain that porn is not how couples really have sex. Here is an analogy
  - Just as car scenes in movies have explosions, crashes and speeding, that is not really how you drive a car. But normal/usual/fun/safe driving of a car is boring to watch on camera, so they fake it to look exciting.
  - So to, intimacy and sex between two people is normal/usual/fun/safe but only enjoyable for the two people doing it, quite boring to watch on camera.
  - Porn is ‘made up’ depictions of sex, the people are actors, the bodies and positions are altered and

enhanced and most importantly that is not how two people relate to each other in real life.

- Lose your embarrassment and fears by stripping back (excuse the pun!) your layers of your own thoughts related to sex; your journey/fears/pleasures/ regrets/behaviours/experiences are not part of the discussion. You need to give them accurate information and simple answers to their questions
- Talk in the car, where you don’t have to face each other.
- Give them reliable websites such as those found here:

young-people----sexual-health.html

Vanessa Hamilton has worked as a Sexual and Reproductive Health Nurse for more than 20 years, provided Sexual Health Education to a variety of groups and individuals for 15 years, and is also mother of 3 children. Vanessa is passionate about empowering the current generation of children with essential information for safe and positive relationship experiences over their lifetime.

http://www.talkingthetalksexed.com.au

COMMUNITY NEWS

GET STARTED VOUCHERS

Round 9 of the Queensland Government’s Get Started Vouchers program is now open on.

What is Get Started Vouchers?

Get Started Vouchers is an initiative to provide up to $150 to eligible children and young people, to help pay for sport or recreation club membership and/or participation fees through registered clubs.

If the child/young person or their parent/carer/guardian holds a valid Health Care Card or Pensioner Concession Card, they can apply online as soon as the round opens.

For further information on the Get Started Vouchers program, please refer to the website

getinthegame/getstarted/

SUNSHINE COAST BUS NETWORK SERVICES CHANGE

TransLink have implemented changes to bus services across the Sunshine Coast as from Monday 23 January 2017.

These changes will support the opening of the new Sunshine Coast University Hospital (SCUH) to hospital staff and students, and include the opening of the new bus station at SCUH.

TransLink will also be making changes to bus services in Nambour and surrounds to provide an improved, easier to use network for residents and services to new and growing areas.

There will be minor timetable adjustments to other Sunshine Coast bus services to reflect changing road conditions.

Customers are encouraged to plan their new journey by downloading the MyTransLink app, visiting the TransLink website or contacting TransLink on 13 12 30.

Customers can also compare their current and future journeys using the Journey Planner on the TransLink website
http://www.translink.com.au
http://www.facebook.com/TransLinkQLD
https://twitter.com/translinkseq

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**Get ready for bus service changes on the Sunshine Coast!**

On Monday 23 January, bus services will change on the Sunshine Coast with the opening of the new Sunshine Coast University Hospital (SCUH) to staff and a new bus network for Nambour.

**What’s changing for SCUH?**
- The new SCUH bus station will open.
- A new bus route will run between Maroochydore and SCUH.
- There will be more regular buses, additional weekend services and longer operating hours on some routes.

**What’s changing for Nambour?**
- Two new bus routes will service Nambour, Bli Bli and Pumicetsone.
- Buses will be more reliable and travel to new growth areas.
- Services will be quicker and connect better with buses throughout Nambour and the Sunshine Coast.
- Some minor timetable changes will also be made to other Sunshine Coast bus services.

New bus timetables are now available online. You can also plan your journey for Monday 23 January using our online journey planner.

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**DADS GROUP**

**Dad come and make some stilts with the kids**
**all ages welcome**

Come along to the Caloundra Community Centre to play with your kids and meet other dads

Wear work clothes and be prepared to drill, saw, paint and have fun

58A Queen Street Caloundra

Saturday 4th February
8 am
Gold coin donation
For more info and RSVP
5491 4000
paul@calcomm.org.au