



Caloundra State High School
High Performing Athletes Program
2021 Application

The High Performing Athletes (HPA) Program is an enrichment program at Caloundra State High School designed to provide school-based support to student athletes to manage the demands of being both a high performing athlete and a highly successful student. If accepted into the program, Years 10, 11 and 12 students will have access to elite coaches, training program specialists, physiotherapists and nutritionists while receiving academic monitoring and mentoring.

How does the program work within the schooling week?

- In 2021, Year 11 & 12 HPA students will have access to three high performance-coaching sessions, with Year 10 students having access to two.
- These sessions are timetabled for all HPA students, but do not replace alternate subjects or academic work. HPA sessions are extra-curricular, and in addition to a full academic timetable.
- Year 11 & 12 students will have additional sessions on Wednesday mornings (9:10am – 12:20pm) for academic support and guidance as well as educational sessions regarding training theory, nutrition, recovery and additional technique based sessions. It is an expectation that all HPA students attend these sessions.

In 2021, the positions available in the High Performing Athletes program will be open for application to currently enrolled Caloundra State High School students. This application will be a compilation of evidence as to why you are suitable for selection in the program. Your selection will be based on representative achievements in your sport, athletic and personal references, school effort and behaviour reports as well as a personal expression of interest. To be considered, you should be training & competing at a national or state level in your chosen sport or at a regional level across multiple sports.

Applications close by the last day of Term 3 – Friday 18th September.

Please submit applications to Mr Jones in the Student Centre staffroom or via email

1. Please state below why you would like to be considered for selection in the Caloundra State High School High Performing Athletes Program in 2021.



2. Representative Achievement (in the last 3 years)

National

State

Regional

Other sporting achievements

Additional information to be considered



3. Referees

Please select referees that can speak about your athleticism, motivation and attitude.

1. Name: _____ Relationship: _____
Contact details: _____

2. Name: _____ Relationship: _____
Contact details: _____

3. Name: _____ Relationship: _____
Contact details: _____

*Optional to attach a written reference

Student Signature

Parent Signature

Date

Date

Regards,

Kurt Jones
HPA Coordinator/Coach
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Toby Poole
Head of Department – Health & Physical Education